DISCRETE FT IMPLIES CONTINUOUS FT

Let $f: [-\pi, \pi] \to \mathbb{C}$ be a periodic function. If $f \in C^2$ then

$$f = \frac{1}{2\pi} \sum_{n = -\infty}^{\infty} a_n e^{inx},$$

where

$$a_n = \int_{-\pi}^{\pi} f(x) e^{-inx} dx.$$

Now let $f : \mathbb{R} \to \mathbb{C}$ be smooth with compact support, say, $\operatorname{supp} f \subset [-K\pi, K\pi]$ for some large integer K. Then g(x) = f(Kx) is supported on $[-\pi, \pi]$ and is periodic on the same. Thus

$$g(x) = \sum_{n=-\infty}^{\infty} \hat{g}(n) e^{inx} dx$$

where

$$\hat{g}(n) = \int_{-\pi}^{\pi} g(x) e^{-inx} dx$$

$$= \int_{-\pi}^{\pi} f(Kx) e^{-inx} dx$$

$$= \int_{-K\pi}^{K\pi} f(y) e^{-iny/K} \frac{dy}{K} \text{ where } y = Kx$$

$$= \frac{1}{K} \hat{f}(\frac{n}{K})$$

Replacing g with f in the previous formula yields

$$f(x) = g(\frac{x}{K}) = \sum_{n = -\infty}^{\infty} \hat{g}(n)e^{inx/K} = \sum_{n = -\infty}^{\infty} \hat{f}(\frac{n}{K})e^{inx/K}\frac{1}{K}$$

The right hand side, when $K \to \infty$, is a Riemann sum for the integral

$$\int_{-\infty}^{\infty} \hat{f}(\xi) e^{i\xi x} d\xi$$

with rectangles drawn at op intervals of length $\frac{1}{K}$. After a certain K_0 , every K satisfies $\mathrm{supp} f \subset [-K\pi, K\pi]$, and the limit is of identical terms all with value f(x). Since smooth functions with compact support are dense in L^2 (the square-integrable functions), and the fourier transform is an isometry on the smooth functions, it extends to an isometry on all of L^2 . Hence for all L^2 functions f,

$$f(x) = \int_{-\infty}^{\infty} \hat{f}(\xi) e^{i\xi x} d\xi.$$